



**Arcadia 50+
Services**

November 2025

Connection

**Arcadia Community Center
365 Campus Drive
Arcadia, CA 91007**



**City of Arcadia
626.574.5130
ArcadiaCA.gov/Seniors**

All activities and services are for adults 50 and older.



Monday Dance

1st, 3rd, and 5th Monday of the Month

1:30 - 3:30pm | \$3

Ballroom

Bring your partner and friends! Exact Change appreciated. Includes refreshments and snack.

November 3 | Tony DiGiovanni

November 17 | Linda Herman

Blood Pressure Screening

Cancelled for November

See you in December

Stop by to get your blood pressure checked.

Meets the second Tuesday of the month.



Senior Cinema

Tuesdays | 12:30pm | Free

11/4	<i>Invincible</i> (PG)	1h 45m
	<i>Soar</i> (PG)	6 m
11/11	Facility Closed	
11/18	<i>The Intern</i> (PG-13)	2h 1m
11/25	<i>Knives Out</i> (PG-13)	2h 10m

Fit & Talk

Thursdays | 10am | Free

Museum Education Center

Try a new fun and engaging workout each week!

- 11/6 **Senior Olympics** | Moderate
- 11/13 **Walk & Talk– Arcadia County Park** | Moderate
- 11/20 **Chair Pilates** | Easy
- 11/27 **Facility Closed**





50+ Seminars

Ballroom | Free

11/10

No Seminar

11/24

12:30pm | Finding Your Balance:
Interactive Seminar & Screening

Neighborhood Legal Services Of Los Angeles Organization

Cancelled for November

See you in December

Need assistance or have legal questions?

Call to make an appointment with
a representative for a 30-minute consultation.



Neighborhood Legal Services
of Los Angeles County



The GiftShop

Monday—Friday | 10am - 1pm

Calling all crafters and shoppers! Are you
interested in selling your homemade creations? Do
you love to shop for good quality handmade items?

The Gift Shop is the place for you! Crafters
interested in selling their creations, please call the
Community Center.

You've Got A Friend

This free program provides a friendly phone call to
those in need. If you or anyone you know may be
interested in receiving a call from an Arcadia
staff or volunteer, please call the Community Center.



HICAP

Health Insurance Counseling & Advocacy Program

Tuesday, November 18 | 10am | Free

The Center for Health Care Rights is a non profit
organization that provides Los Angeles County
residents with free information & assistance with
Medicare. Appointment required | Call (213) 383-4519.





Walk - in Programs | Free

American Mahjong Lessons

Tue | 12:30-3pm | Ballroom

* No American Mahjong 11/11

Billiard Room

Mon - Fri | 7:30am - 5pm

Board Games & Card Games

Mon - Fri | 7:30am - 5pm | Lobby

*Ask Front Desk for supplies

Bridge

Wed | 9:30am -12:30pm | Ballroom

Fri | 12:30-4pm | Museum Education Center

*No Bridge 11/26 & 11/28

Karaoke

Thu, November 13 |12:30 – 3pm | Ballroom

* No Karaoke 11/27

Pickle Ball

Tue & Fri | 10am-12pm | Camino Grove Park

Pinochle & Puzzles *NEW*

Mon | 9am – 2pm | Craft Room

Sing Along with James

Wed | 1 – 3pm | Lobby

* No Sing Along 11/26

Traditional Mahjong

Fri | 12:30-4pm | Dance Room

* No Mahjong 11/28

** Fri, November 14| Mahjong with the Mayor

Table Tennis

Mon– Fri | 8am-3:30pm | Patio

Table Tennis 8am-12pm : 11/21

No Table Tennis: 11/10, 11/11, 11/26, 11/27 & 11/28

Tech Talk

4-5pm | Ballroom

Fri, November 7 | Artificial Intelligence (AI)

Fri, November 14 | Online Internet Access

50+ Lunch Program

MONDAY - FRIDAY

11:30am-12:15pm

COST

* \$4 age 50-54

* \$3 age 55+

- Lunch is sold on a first-come, first-served basis beginning at 7:30am.
- Limited lunch meals.
- Hot well balanced meal.
- Meals are to be consumed in the facility.

Senior Lunch Program Tickets Now Online!

Seniors who are 55+ are now eligible to purchase Senior Meal Lunch tickets online. Online ticket sales begin every morning from 7:30-10am. Ticket availability is limited. All participants need to fill out a CDBG form at the community center prior to their first lunch.



Make a Turkey Day

Tuesday, November 4



Craft your way to Thanksgiving and make a turkey decoration during Senior Lunch Program!

National Parfait Day

Tuesday, November 25

Enjoy a refreshing parfait during Senior Lunch Program



** Must purchase a Senior Meals Lunch Ticket in order to participate.

VETERANS DAY CELEBRATION

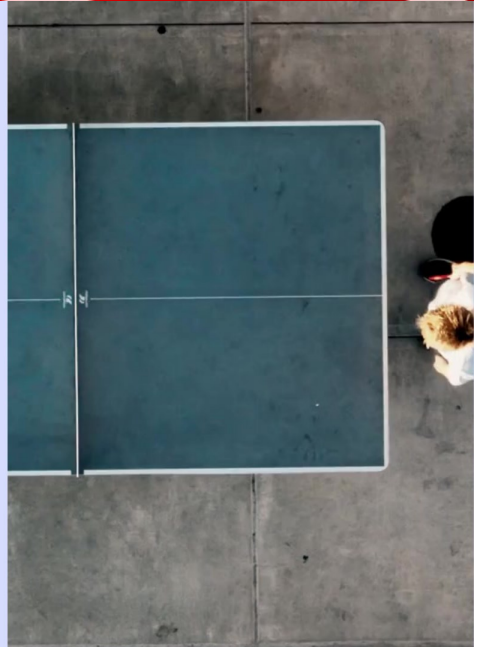
Monday, November 10
11:30am | \$18

Join us as we honor Veterans at the annual Veterans Day Lunch. Veterans are invited to attend free of charge with proof of service.

Table Tennis **TOURNAMENT**

Thursday, November 13
\$15 | 11:30am
Arcadia Community Center

Show off your skills at this Table Tennis Tournament. Food and drinks will be provided to participants.





Harvest BUNCO

Friday, November 14
12:30pm | \$15

Bring the spirit of the fall season to life with Harvest Bunco. Enjoy three rounds of Bunco, a light lunch, and a raffle.

Nature Hike

8am | 8 + yrs | \$26



**SATURDAY,
NOVEMBER 15**

Runyon Canyon Park Trail

Trail Difficulty:
Moderate

3.5 MILES

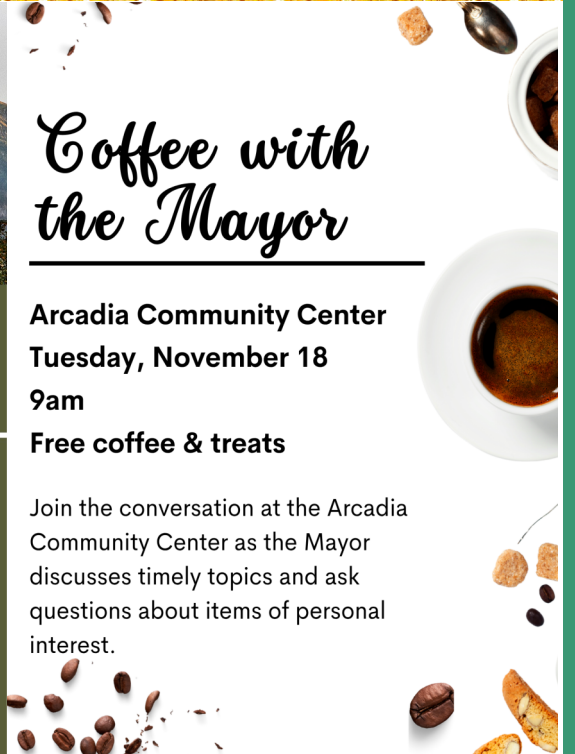
Includes round trip transportation from the Arcadia Community Center, a staff guided hike, and a boxed lunch.

*Hikes may include steep inclines and uneven terrain.
May not be suitable for all individuals.*

Coffee with the Mayor

Arcadia Community Center
Tuesday, November 18
9am
Free coffee & treats

Join the conversation at the Arcadia Community Center as the Mayor discusses timely topics and ask questions about items of personal interest.



Do you need
help with
technology
and your
devices?

Join us for 15 minute
presentation sessions
to learn more about
technology and get
one-on-one help with
your devices after each
presentation!

Fall Tech Talk Extension

Get Help With:

How to Recognize and Prevent Scams ✓

How to Email, Call, and Text ✓

Artificial Intelligence (AI) ✓

All sessions begin at **4pm**
Location: Arcadia Community Center

**Friday,
October 10**
General Internet
Safety

**Friday,
October 17**
Recognizing
Scams

**Friday,
October 24**
How to Email,
Call, and Text

**Friday,
November 7**
Artificial
Intelligence (AI)

**Friday,
November 14**
Online Information
Access

This program and sessions are led by Girl Scout Jamie Shiuan
as part of her Girl Scout Gold Award project.





TASTE THE TOWN MENYA HANABI

Enjoy a new Arcadia restaurant every month



Thursday, November 20
11:30 am

**Menya Hanabi- The
Original Nagoya Mazesoba**
733 W Naomi Ave Ste K

*Meet at the Community Center at 11am
or the restaurant at 11:30am.*

Meal Choices:

*Each meal comes with
takoyaki and a drink*

Original Mazesoba

Mentaiko Ebi Bowl

Tofu Salad +
Potato Croquettes

Kimista Mazesoba



ArcadiaCA.gov/RecReg | (626) 574-5130

Thanksgiving Feast

Wednesday,
November 26

11am | \$18 | 50+ yrs
Arcadia Community
Center

Enjoy a festive Thanksgiving gathering featuring live entertainment and a classic holiday meal served by the Arcadia Fire Department.

Tree Lighting CELEBRATION

Thursday
4
December

6PM
ARCADIA TRANSIT PLAZA

Enjoy, treats, crafts,
photos with Santa, and more!
Free & open to all.



SNOW FESTIVAL

SATURDAY, DECEMBER 6

ARCADIA COMMUNITY CENTER

9am-2pm

SNOW SLEDDING | HOLIDAY CRAFTS
FACE PAINTING | GAMES AND MORE!

Free parking shuttle service at the
Arcadia Performing Arts Center
beginning at 7:45am



BREAKFAST *with* SANTA

SATURDAY, DECEMBER 6

\$22 PER PERSON

ARCADIA COMMUNITY CENTER

8:30 AM

or

10:30 AM

Take your holiday photos with Santa
and enjoy breakfast, hot chocolate, crafts, & games!

Registration opens October 13!

Children must be accompanied by an adult. All individuals must be registered.



INFORMATION & REFERRAL (I&R) PROGRAM

Do you need help filling out a form or finding an important resource? We can help you figure these things out. For referral assistance, please call 626.574.5130

November HIGHLIGHT

*Get the Support You Need: 100
Hours of Free Dementia Home Care*

- Caring for someone with Alzheimer's, Parkinson's-related, or another dementia? The HFC grant provides professional care so caregivers can take a well-deserved break
- The HFC Application Review Committee reviews applications monthly.
- After completion of the application review, you will be contacted within 60-90 days. All applicants will be notified of their status.



SCAN QR CODE FOR MORE INFORMATION



LIONS SIGHT PROGRAM

FREE

Information & Referral

Arcadia Lions Club offers a certificate for a free eye exam, frames, and bifocal lenses every Thursday. Call to schedule an appointment. You must be 62 years or older & low income.

FOR MORE INFORMATION CALL

 626.574.5130



Connection Newsletter Annual Subscription \$12

Don't miss out on programs and events!
Get your Connection Newsletter by mail.



Make check payable to:
City of Arcadia
Mail to: City of Arcadia,
Community Center, 365
Campus Dr, Arcadia CA

FIRST & LAST NAME: _____

PHONE: _____

ADDRESS: _____

CITY: _____ ZIP _____

E-MAIL ADDRESS: _____

(A RECEIPT WILL BE EMAILED ONCE PAYMENT IS RECEIVED)

11/25

Golden Senior Club

Address- 100 S Santa Anita Ave, Arcadia, CA

Meeting Dates at 11am-3pm

11/6 | Regular Meeting + Lanelle Rose Birthday Celebration

11/13 | Regular Meeting + Board Meeting

11/20 | Regular Meeting + Thanksgiving Luncheon

* RSVP by 11/14

11/27 | No Meeting- Happy Thanksgiving!



President | Angie Slemaker

Vice President | Diane Stuve

Assistant Treasurer | Rachel Salazar

Treasurer & Senior Citizens Commissioner | Doris Arbour



HOLIDAY BRUNCH

Friday, December 19

10:30am | \$16

Arcadia Community Center

Let's celebrate the holidays with delicious food, warm company, and seasonal cheer.



Arcadia Travelers- Proud Member of Chamber of Commerce



1 = Easy: Little walking, good for all

2 = Moderate: Light walking, must be able to walk long distance

3 = Active: Lots of walking, may include multiple staircases

LI = Lunch Included **LOYO** = Lunch On Your Own

General Meeting - Friday, November 21, 2025

Coffee 9:30am / Meeting 10am

Guest Speaker:

Ed Andersen— Arcadia Historical Society

Annual Membership \$10

Credit cards not accepted

Make checks payable to:

Arcadia Travelers Club, Inc.

President,
Chris Ohrmund

Senior Citizens Rep.
Marilyn Mazone

Office Hours

M-F 9am - 12:30pm

Phone: 626.821.4377

Gift Cards now on sale in the Travel Office.

Day Trips

November 2025

GIBBONS AND GUIDE DOGS (LOYO) Thursday, November 6, 2025—Main Street Tours— LV 8:30am. Approx. return 4:30 pm. \$118.00. Difficulty 2. Start your day with a guided tour of the Gibbons Conservation Center, where you'll learn about these rare and endangered primates. Enjoy lunch on your own at Valencia Town Center. Then, take a guided tour of the Guide Dogs of America facility. Discover how these incredible service animals are raised and trained. **ON SALE NOW**

PARROTS, PETALS & PACIFIC BEAUTY: A COLORFUL COASTAL ESCAPE (LOYO) Wednesday, November 19, 2025 – Curt Tucker Tours – LV 9:00 am. Approx. return 6:00 pm. - \$160.00. The day begins with lunch on your own in Downtown Ventura. Next, it's off to the Seaside Gardens in Carpinteria, which is part art gallery, part global garden escape. Our feathered friends await our visit to the Santa Barbara Bird Sanctuary. We'll find parrots and other exotic birds. Docents will lead us through the topical garden-oasis. Difficulty 2. **ON SALE NOW.**

December 2025

VICTORIAN ELEGANCE HOLIDAY & CHRISTMAS TRADITIONS Saturday, December 6, 2025 – Tucker Tours – LV 9:00 am. Approx. return 4:00 pm - \$145.00. Start your day with a midday tea at the Chado Tea Room. Use fine china, eat warm scones, finger sandwiches, and more. Shop at their delightful gift shop. Next, off to the Victorian Christmas at the Banning House in Wilmington. Tour the lavishly decorated historic home. Enjoy a horse-drawn carriage ride. Carolers, blacksmith demos, dancers and holiday crafts. Visit with Santa and Mrs. Claus. Difficulty 2. **SOLD OUT. Waitlisted**

NEW YEAR'S EVE with The MOON RAYS (LI) Wednesday, December 31, 2025 – Main Street Tours – LV 11:30 am. Approx. return 4:30 pm - \$125.00. End the old year and bring on the new year with the harmony of the Moon Rays. Songs and music you'll know will highlight their performance. You will want to dance in the isles and sing along. Lunch includes a choice of entrée: Chicken Dijonnaise or Vegetarian Pasta. Hats, noisemakers and champagne are included in this party. Difficulty 1. **ON SALE NOW**

January 2025

JANUARY, 2026 – 2026 MEMBERSHIP CARD NEEDED FOR THESE TRIPS.

FROM LIONS TO LUMMIS (LI) Friday, January 16, 2026– Tucker Tours. LV 9:00 am. RET 4:00pm. \$150. Old Los Angeles Zoo Lummis House– Autry Museum– Lunch at Tam O' Shanter. Step off the beaten path into the wild, weird and wonderful corners of Los Angeles– crumbling cages, stone castles, and cowboy legends. Lunch includes prime rib sliders, drink, and hot fudge sundae. Difficulty 2+. (Moderate walking, uneven surfaces at Old LA Zoo and Lummis House). **ON SALE NOW.**

5TH DIMENSION AT "THE GRAND EVENT CENTER" (LI) Monday, January 26, 2026– LV 11:30am. RET 5:30pm. \$115– **LIMITED TO 40 PEOPLE.** "The 5th Dimension– National Recording Artist: Starring Patrice Morris and Quadra Soul former members of the "5th Dimension". Hear great hits like "One Less Bell to Answer", "Up, Up and Away", "Aquarius/ Let the Sunshine In" and so many others with which you will surely remember to sing along. Lunch served at 1:00 pm. And show will follow. Choice of Chicken Plicata or Vegetarian upon sign-up. Difficulty 1. **ON SALE NOW.**

February 2026

FEBRUARY, 2026– 2026 MEMBERSHIP CARD NEEDED FOR THESE TRIPS.

ALPACAS, FARM FRIENDS & BBQ (LI) —Thursday, February 5, 2026. Mainstreet Tours. LV8:30am. RET 5:30pm. \$183.00. Today we travel for a guided tour at Hawk Ranch. You'll encounter alpacas, goats, sheep, pigs, and donkeys. Enjoy the peaceful, rustic ranch setting. After time at the Ranch, you will enjoy an included BBQ Buffet Lunch at Phil's BBQ. On our way home, we will stop at Tom's Farm, a local favorite filled with unique shops, fresh produce, home décor and charming boutiques. Difficulty 2. **On Sale November 5th.**

STEP INSIDE THE CHOCOLATE FACTORY– LITERALLY? (LI) - Friday, February 20, 2026. Tucker Tours. LV 9:00 am. RET 5:00pm. \$175.00—This will be a "chocolate" day, complete with an included chocolate themed lunch. We'll travel to COSM's brand new Shared Reality Experience; the beloved classic film comes to life in a way you have never seen before. You'll immerse yourself in every scene, with every detail wrapping around you in dazzling, breathtaking clarity. This definitely will be a fun day. Difficulty 1. **On Sale November 10th.**

Extended Trips 2025-2026

For questions, contact Karen Sexton at (626) 641-5568, compukare@aol.com.

ROME & THE AMALFI COAST October 9-18, 2025. 10 Days, 13 Meals. D\$4,999, S\$5,599

CUBA DISCOVERY October 13-18, 2025. 6 Days, 12 Meals. D\$4,799, S\$5,599, Premier Tour.

COLORFUL COSTA RICA ADVENTURE November 5-13, 9 Days, 18 Meals. D\$3,845, S\$4,545. Premier Tour.

CHRISTMAS SEASON IN VICTORIA AND VANCOUVER December 10-17, 2025, 7 Days, 6 Nights, (3 at EMPRESS in Victoria) D \$4,199. S \$5,599. Premier Tour.

A CULINARY JOURNEY THROUGH TUSCANY & FLORENCE March 17-25, 2026. 9 Days, 14 Meals. D \$4,799, S \$5,799. Premier Tour.

SOUTHERN CHARM March 23-29, 2026, 7 Days, 9 Meals. D\$3,699, S\$4,699, T\$3,669.
<https://gateway.gocollette.com/link1281760>

DISCOVER AMERICA'S 250TH ANNIVERSARY April 5-13, 2026. 9 Days, 12 Meals. D\$4,399, S\$5,799, T\$4,399. <https://gateway.gocollette.com/link/1281752>

DISCOVER HIGHLIGHTS OF NORWAY May 17-25, 2026. 9 Days, 12 Meals. D\$4,999, S\$6,099.
<https://gateway.gocollette.com/link/1281773>

MT. RUSHMORE, YELLOWSTONE, & WESTERN FRONTIERS July 29– Aug 6, 2026. 9 Days, 12 Meals. D\$4,425, S\$5,580. Premier Tour

SHADES OF IRELAND August 21-30, 2026. 10 Days, 13 Meals. D\$5,499 S\$6,399, T \$5,499.
<https://gateway.gocollette.com/link/134523>

LANDSCAPES & Lighthouses of MAINE September 19-25, 2026. 7 Days, 9 Meals. D\$3,949 S\$5,099 Premier Tour

NEW ENGLAND RAILS & TRAILS Sept. 30– Oct. 8, 2026. 9 Days, 11 Meals. D\$4,625 S\$6,075 Premier Tour

DISCOVER UTAH'S MIGHTY FIVE AND THE ROCKIES Oct. 5-13, 2026. D\$5,799, S\$6,999, T\$5,699
<https://gateway.gocollette.com/link/1320268>

Visit the Arcadia Travelers Club Office (M-F 9 am to 12:30 pm) for detailed trip brochures or online at arcadiatravelers.org website.

Arcadia Community Center
Senior Services
365 Campus Drive
Arcadia, CA 91007



Free
INCOME TAX ASSISTANCE

Receive free AARP tax preparation services!
Must be 50+ years and low-income to qualify.

Fridays, February 6 - April 10
Arcadia Community Center

Appointment scheduling dates:
February appointments open January 2
March appointments open February 6
April appointments open March 6

You must have received all of your tax paperwork prior to making an appointment. All returns are filed electronically.

Call (626) 574-5130 for scheduling.

很想知道这里讲的是什么呢？我们也希望你们了解这些信息。阿凯迪亚市向公众免费提供文件翻译服务。请致电
(626) 574-5455，向市书记官办公室了解详情。