



50+ Services

July 2026

Connection



(626) 574-5130 | ArcadiaCA.gov/50
Arcadia Community Center | 365 Campus Drive Arcadia, CA 91007
All activities and services are for adults 50 and over.

Monday Dance

1st, 3rd, and 5th Monday of the Month

1:30 - 3:30pm | Ballroom | \$3

Bring your partner and friends!

Exact change appreciated.

Includes refreshments and snack.

July 6 - Global Affair

July 20 - Nightlife



Blood Pressure Screening

Tuesday, July 14

10-11am | Dance Room | Free

Stop by to get your blood pressure checked.

Meets the second Tuesday of the month.



Senior Cinema

Tuesdays | 12:30pm | Free

7/7 - **The Pink Panther** | PG 1h 32m

7/14 - **Enola Holmes** | PG-13 2h 3m

7/21 - **The Lovely Bones** | PG-13 2h 15m

7/28 - **Wake Up Dead Man:** 2h 24m

A Knives Out Mystery | PG-13



Fit & Talk

Thursdays | 10am | Free

Museum Education Center

Try a new, fun, and engaging workout each week!

July 2 - No Fit & Talk

July 9 - Tai Chi | Easy

July 16 - Chair Zumba | Easy

July 23 - Balance | Easy

July 30 - Walk & Groove | Moderate





Seminars

Ballroom | Free

7/13 12:30pm | Cancer Support Community SGV

7/22 6pm | USC Arcadia - Hernia Explained

7/27 12:30pm | Medicare Fraud Prevention



The Gift Shop

Monday—Friday | 10am - 1pm

Closed on Wednesdays during the month of July

Calling all crafters and shoppers! Shop unique handmade items or sell your own creations at the Gift Shop. Interested vendors, please contact the Community Center.



You've Got A Friend

This free program provides a friendly phone call to those in need. If you or anyone you know may be interested in receiving a call from an Arcadia staff or volunteer, please call the Community Center.



Neighborhood Legal Services
of Los Angeles County

Neighborhood Legal Services Of Los Angeles Organization

Friday, July 24 | 10am | Free

Need assistance or have legal questions?

Call the Community Center to make an appointment with a representative for a 30-minute consultation.



HICAP

Health Insurance Counseling & Advocacy Program

Tuesday, July 14 | 10am | Free

The Center for Health Care Rights is a non-profit organization that provides Los Angeles County residents with free information & assistance with Medicare.

Appointment required. Call (213) 383-4519.

Free Walk-in Programs

American Mahjong Lessons

Tue | 12:30 - 3pm | Ballroom

Billiard Room

Mon - Fri | 7:30am - 5pm

Board Games & Card Games

Mon - Fri | 7:30am - 5pm | Lobby

* Ask Front Desk for supplies

Bridge

Wed | 9:30am - 12:30pm | Ballroom

Fri | 12 - 3pm | Craft room

Karaoke

Thu | Ballroom

July 9 - 12:30 - 3pm

July 23 - 2 - 4pm

Pinocle & Puzzles

Mon | 9am - 2pm | Craft Room

Sing Along with James

Wed | 1 - 3pm | Lobby

Traditional Mahjong

Fri | 12:30-4pm | Dance Room

Table Tennis

Mon - Fri | 8am - 3:30pm | Patio

Table Tennis 8am - 12pm: 7/6, 7/20

* No Table Tennis: 7/1, 7/2, 7/24, 7/31

Tai Chi

Tues | 8 - 10am | Ballroom D

Tech Talk

Fri | 4-5pm | Ballroom

July 24 & 31



50+ Lunch Program

NEW

Now Serving: Meals from Café Fusion

MONDAY - FRIDAY

11:30am-12:15pm

COST

* \$4 age 50-54

* \$3 age 55+

- Lunch is sold on a first-come, first-served basis beginning at 7:30am.
- Hot well balanced meal.
- Meals are to be consumed in the facility.
- Limited lunch meals.

Lunch Program Tickets Available Online.

Seniors age 55+ can purchase Senior Meal Lunch tickets online from 7:30-10am and are limited.



Wednesday, July 8 National Freezer Pop Day



Enjoy a Freezer Pop during Lunch Program

Monday, July 20.

Fortune Cookie Day



Enjoy a fortune cookie during Lunch Program.



Music Mondays - Enjoy your favorite songs.



Trivia Tuesdays - Test your knowledge with trivia.



Recipe Wednesdays - Bring your favorite recipes to share.



Throwback Thursdays - Discover the movies, music, and trends from your favorite eras.



Feel Good Fridays - Share something that made you happy this week.

** Must purchase a lunch ticket to participate.

A graphic for a 'Patriotic Picnic' event. The background features a large circular logo with a red, white, and blue American flag pattern. The text 'PATRIOTIC Picnic' is prominently displayed in the center. To the left, two women are shown preparing food on a grill. To the right, a man is holding a small white dog. Below the logo is an illustration of a red and blue grill with food cooking on it.

Celebrate the 250th anniversary of the USA. Enjoy a picnic style lunch, treats, and fun activities.

Thursday, July 2
11:30am | \$15 | 50+ yrs
Arcadia Community Center

A graphic for a 'World Cup Bunco' event. The background is a dark blue stadium scene with confetti and a soccer ball in the foreground. The text 'WORLD CUP BUNCO' is written in large, bold letters. To the right, there is an illustration of the World Cup trophy and several dice.

Friday, July 10
12:30pm | \$15 | 50+ yrs

Shoot your shot!
Bunco, light lunch, prizes, and raffle.

FREE SEMINAR

CANCER SUPPORT COMMUNITY

San Gabriel Valley



Monday, July 13
12:30pm | 50+ yrs
Arcadia Community Center

This seminar will cover four key areas of support for those affected by cancer.

Learn about resources and programs offered by Cancer Support Community (CSC) to help patients, families, and caregivers navigate their cancer journey.

Coffee with the Mayor



Join the conversation at the Arcadia Community Center as the Mayor discusses timely topics and answers questions about items of personal interest.

Tuesday, July 21
9am



**Drone Show • Food • Games
Contests • Concert by The Answer**

<p>FREE ENTRY & PARKING <i>Scan for free tickets</i></p>	<p>GATES OPEN AT 6PM</p>
<p>VIP BOX SEATS <i>Available for purchase</i></p>	<p>DRONE SHOW AT 9PM</p>



Santa Anita Park
285 W. Huntington Drive
Parking at Gates 3, 5, & 8



ArcadiaCA.gov/Recreation | (626) 574-5113

Special thanks to our partners & sponsors

USC Arcadia Hospital
Keck Medicine of USC



CONCERTS & MOVIES in the park



FREE

Thursdays
June 25 – July 30

Concert at 6:30pm
Movie at dusk

Food available
for purchase



June 25

Cold Duck, 70s/Top 40s
Charlotte's Web, G
Environmental Fair

July 2

Cobra Cowboy, Country
Miracle, PG
Patriotic Pet Contest at 5:30pm

July 9

New Romantics, Taylor Swift
The Lorax, PG

July 16

Black Crystal Wolf Kids, 2000s
Shrek, PG

July 23

Groovis Maximus, Motown
Lilo & Stitch, PG

July 30

Random 1s, Classic Rock
Cars, PG

Tuesday, August 4

**National Night Out &
Arcadia 123rd Birthday**
The Answer, Classic Rock



Arcadia City Hall Lawn
240 W. Huntington Drive

Parking available at City Hall &
Santa Anita Race Track, Gate 5

Taste the Town



THURSDAY, JULY 16

400 SOUTH BALDWIN AVE

\$27

Meet at the Arcadia Community Center at 10:30am or at the restaurant at 11am



Choose five plates of sushi or dessert off the conveyor belt (Side noodles & tempura not included)



Scan for menu



ArcadiaCA.gov/Recreation | (626) 574-5113



FREE
MEDICARE FRAUD
Prevention Workshop



Monday, July 27
12:30pm
50+ yrs
Arcadia Community Center

Medicare fraud costs billions each year and can impact your health and finances. Join us to learn how to recognize Medicare fraud schemes and the steps you can take to protect yourself and others.

Totally Groovy



Friday, July 31
10am | \$15 | 50+ yrs
Arcadia Community Center

Get your groove on!
 Play eight games of
 Bingo, win prizes, and
 enjoy a light lunch.

INFORMATION & REFERRAL (I&R) PROGRAM

Do you need help filling out a form or finding an important resource? We can help you figure these things out. For referral assistance, please call 626.574.5130

July HIGHLIGHT

Home Improvement Program

- Arcadia homeowners may qualify for grants for home improvements, including plumbing, electrical work, roofing, painting, energy-efficient upgrades, accessibility modifications, and more.
- Applicants must own and occupy the home for at least five years and meet household income requirements.
- Program brochure is available online in both English and Chinese.



SCAN QR CODE FOR MORE INFORMATION



Nature Hike

7:30am | 8 + yrs | \$26



SATURDAY, JULY 25
Crystal Cove Beach Trail

Trail Difficulty:
Easy

5.2 MILES

Includes round trip transportation from the Arcadia Community Center, a staff guided hike, and a sandwich packed lunch.

Minors must be accompanied by an adult.

Hikes may include steep inclines and uneven terrain. May not be suitable for all individuals.



HEALTH EDUCATION SERIES

Fourth Wednesday of every month at 6pm

Free and open to all | Pre-registration recommended

Wednesday, July 22

Hernia

Wednesday, August 26

Back & Leg Pain

Wednesday, September 23

Understanding Flu & Importance of Adult Vaccines



Location

Arcadia Community Center
365 Campus Drive




For more information visit ArcadiaCA.gov/HealthSeries

Golden Senior Club

Address: 100 S Santa Anita Ave

Meeting times: 11am-3pm

- | | |
|------|---|
| 7/2 | Regular meeting. |
| 7/9 | Luncheon celebrating 4th of July.  |
| 7/16 | Regular meeting. |
| 7/23 | Board meeting. |
| 7/30 | Regular meeting. |

President
Angie Slemaker

Vice President
Diane Stuve

Assistant Treasurer
Rachel Salazar

Treasurer & Senior Citizens
Commissioner
Doris Arbour

Do You Have Questions About Medicare?

HICAP

HEALTH INSURANCE COUNSELING & ADVOCACY PROGRAM

The Center for Health Care Rights offers free Medicare information and assistance to Los Angeles County residents.

Make an appointment
3rd Tuesday of the month
10am - 1pm
Arcadia Community Center
 (213) 383-4519

Arcadia Travelers- Proud Member of Chamber of Commerce



arcadiatravelers.org

General Meeting -Friday, July 24, 2026
Coffee 9:30am / Meeting 10am

Guest Speaker:

Curt Tucker - Tucker Tours

Annual Membership \$10
Credit cards not accepted
Make checks payable to:
Arcadia Travelers Club, Inc.

President: Joyce Platt

Senior Citizens Rep:
Marilyn Mazone

Office Hours

M-F 9am - 12:30pm

Phone: 626.821.4377

1 = Easy: Little walking, good for all

2 = Moderate: Light walking, must be able to walk long distance

3 = Active: Lots of walking, may include multiple staircases

LI = Lunch Included

LOYO = Lunch On Your Own

Gift Cards now on sale in the Travel Office.

Day Trips

July 2026

CALIFORNIA SURF – (LI) HITS FROM THE BEACH BOYS- Wednesday, July 15, 2026, LV 11:00 am. RET 4:30pm. \$120.00 **SOLD OUT (WAITLISTED).**

THE PHANTOM OF THE OPERA at the Pantages Theatre Saturday, (LO) July 25, 2026, LV 12:45 pm. RET 6:15 pm. Tucker Tours \$190.00. We will have orchestra seating. Difficulty 1. **SOLD OUT (WAITLISTED).**

August 2026

ESCAPE TO SAN DIEGO (LI) -Thursday, August 13th – Friday, August 14th, LV 11:30 am. RET 6:30 pm. on 8/14. Tucker Tours. Single-\$714.00 and Double-\$616.00. Pack your bag and let's celebrate the summer tradition on Thursday night, Sunset Luau, with authentic island music and dance provided by the Pride of Polynesia. (Complete details of trip are on trip flyer.) Total cost of trip must be paid upon registering. Difficulty 2 – moderate.

ON SALE NOW.

CHOPSTICKS AND JAPANESE GARDENS (LI)-Tuesday, August 25, 2026, LV 9:00 am. RET. 4:00 p.m. Tucker Tours \$190.00. Enjoy a peaceful and cultural day with Curt Tucker exploring two of Southern California's most beautiful gardens. We'll also enjoy lunch at Benihana's in Encino. The day will be a blending of art, flavor and tranquil beauty into one memorable Japanese-inspired journey. Difficulty 2 – moderate. **ON SALE NOW.**

September 2026

TROLLS, TOMBS, AND MYSTERIES (LI)-Thursday, September 3, 2026, LV 8:30 am. RET. 6:00 pm. Main Street Tours \$193.00. We'll travel to South Coast Botanical Garden, where you'll explore Thomas Dambo's TROLLS: A Field Study – an outdoor exhibit featuring hand-built troll sculptures. (Travelers with mobility issues will be able to see 3-4 trolls with limited walking.) Lunch will be a Mexican Buffet at the Red Onion. Then it's off to the CA Science Center to experience Mummies of the World, which is one of the largest collections of real mummies and ancient artifacts. Difficulty 2-moderate. **ON SALE NOW.**

RILEY'S AT LOS RIOS RANCHO (LI)-Wednesday, September 23, 2026, LV 10:15 am. RET 6:00 pm. Tucker Tours \$180.00. We'll be off to Apple Country/Oak Glen today, to enjoy the mountain air while we browse the unique gifts at Wilshire's Apple Shed and be treated to a delicious country meal (including a slice of apple pie), complete with entertainment. As a bonus, Tucker Tours has added a vintage tractor hayride. This is always a popular trip, so plan to join us. Difficulty 2-moderate. **ON SALE NOW.**

October 2026

MISSIONS – San Juan Capistrano and San Luis Rey in Oceanside (LI)-Friday, October 2, 2026, LV 9:00 am. RET. 6:00 pm. Majestic Adventures \$175.00. This will be a fun and educational day as we will have a "Mission Expert" as our Tour Guide. We will visit San Juan Capistrano and San Luis Rey Missions. In keeping with the culture of the day, we will enjoy a Mexican buffet lunch at El Adobe Restaurant in Capistrano. Difficulty 2-moderate. **On Sale July 6, 2026.**

MURDER MYSTERY AT LAWRY'S THE PRIME RIB RESTAURANT (LI)-Thursday, October 22, 2026, LV 10:00 am. RET 4:00 pm. Main Street Tours \$180.00. To put you in the spirit of Halloween, we're off to Lawry's for a Halloween Murder Mystery. It will be an afternoon you will not want to miss. Choice of entrée at sign-up: Prime Rib, Grilled Salmon or Vegetarian, complete with Lawry's house salad, dessert, iced tea and coffee. Difficulty 1-easy. **On Sale July 22, 2026.**

Extended Trips 2026-2027

For questions, contact Karen Sexton at (626) 641-5568, compukare@aol.com

SHADES OF IRELAND August 21-30, 2026. 10 Days, 13 Meals. D\$5,499, S\$6,399, T\$5,499.
<https://gateway.gocollette.com/link/134523>

ALPINE LAKES & SCENIC TRAINS Sept. 5-14, 2026. 10 Days, 14 Meals. D\$6,699, S\$7,699.
<https://gateway.gocollette.com/link/1281753>.

LANDSCAPES & LIGHTHOUSES OF MAINE Sept. 19-25, 2026. 7 Days, 9 Meals. D\$3,949, S\$5,099.
Premier Tour

NEW ENGLAND RAILS AND TRAILS Sept.30-Oct. 8, 2026. 9 Days, 11 Meals. D\$4,625, S\$6,075.
Premier Tour

ALBUQUERQUE BALLOON FIESTA & SANTA FE Oct. 6-11, 2026. D\$3,749, S\$4,699. Premier Tour

DISCOVER UTAH'S MIGHTY FIVE AND THE ROCKIES Oct. 5-13, 2026. D\$5,799, S\$6,999, T\$5,699.
<https://gateway.gocollette.com/link/1320268>

ATHENS & GREEK ISLANDS Oct. 6-14, 2026. D\$4,899, S\$6,099. Premier Tour

NEW YORK CITY HOLIDAY Dec. Dec. 3-7, 2026. D\$2,999, S\$3,899, T\$2,949.
<https://gateway.gocollette.com/link/1369971>

VIENNA & CHRISTMAS MARKETS OF THE DANUBE Dec. 10-19, 2026. Pricing variable on Amadeus
Imperial. Premier Tour

COLORS OF MOROCCO January 14-28, 2027. 15 Days, 27 Meals. D\$5,599, S\$6,599, T\$5,499.
<https://gateway.gocollette.com/link/1409975>

GREAT TRAINS & GRAND CANYONS Feb. 21-27, 2027. D\$3,525, S\$4,475. Premier Tour

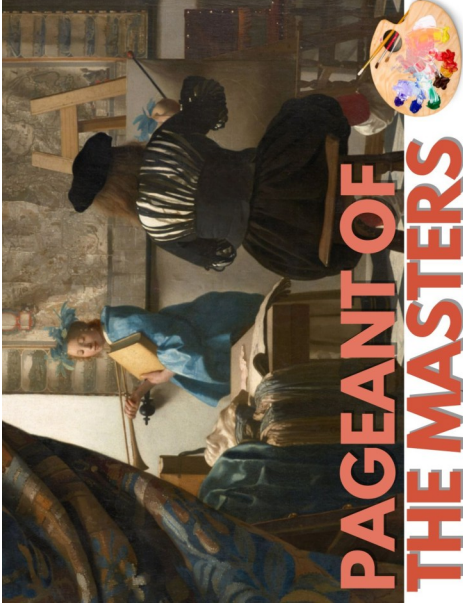
NEW ORLEANS & CAJUN COUNTRY March 14-21, 2027, 7 Days, 10 Meals. D\$3,775, S\$4,700.
Premier Tour

JAPAN & SOUTH KOREA April 17-May 2, 2027. 16 Days, 23 Meals. D\$10,749, S\$11,749.
<https://gateway.gocollette.com/link/1369919>

Future 2027 trips - Hawaii, Mackinac, Paris, Pacific Coast, Alaska, Quebec, France

Visit the Arcadia Travelers Club Office (M-F 9am to 12:30 pm) for detailed trip brochures or
online at Arcadiatravelers.org website.

Arcadia Community Center
Senior Services
365 Campus Drive
Arcadia, CA 91007



The Greatest of All Time

Masterpieces won't just hang on walls - they'll come alive in a breathtaking blend of art and music during an evening filled with surprises, spectacle, and magic. Join us on an unforgettable journey through the works of Michelangelo, Pirasso, Monet, Van Gogh, Velázquez, Norman Rockwell, and more.



Friday,
August 7



5pm-12am



\$100



**Ticket includes transportation,
admission, and snacks!**

ArcadiaCA.gov/RecReg | (626) 574-5113

很想知道这里讲的是什么吗？我们也希望你们了解这些信息。阿凯迪亚市向公众免费提供文件翻译服务。请致电 (626) 574-5455，向市书记官办公室了解详情。