




















JUNE

CONNECTION

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>11:30am Lunch Chicken Adobo, Vegetables, Spanish Rice, Fruit</p> <p>Table Tennis 8am-12pm</p> <p>1:30 Monday Dance Tony DiGiovanni</p>  	<p>2</p> <p>11:30am Lunch Enchilada Casserole, Black Beans, Salad, Spanish Rice, Fruit</p> <p>12:30pm Movie Unbroken</p> 	<p>3</p> <p>11:30am Lunch Baked Pollack w/ Lemon Sauce, Squash, Salad, Fruit</p>	<p>4</p> <p>#TBT</p> <p>10am Fit & Talk Walk to Santa Anita Mall</p> <p>11:30am Lunch BBQ Chicken, Green Peas, Salad, Mac & Cheese, Dinner Roll, Fruit</p>	<p>5</p> <p>11:30am Lunch Arroz con Pollo, Beans, Squash, Salad, Rice, Fruit</p> <p>11:30am Table Tennis Tournament</p> <p>No Table Tennis</p>  
<p>8</p> <p>11:30am Lunch Savory Beef Stew, Brussel Sprouts, Mashed Potatoes, Dinner Roll, Fruit</p> <p>12:30pm Seminar Living Lively with Grief</p>	<p>9</p> <p>10am Blood Pressure</p> <p>11:30am Lunch Birthday Celebration Enchilada Casserole, Black Beans, Salad, Spanish Rice, Fruit</p> <p>12:30pm Movie Lincoln</p> 	<p>10</p> <p>11:30am Lunch Frosted Cookie Day Baked Pollack w/ Lemon Sauce, Squash, Salad, Fruit</p>	<p>11</p> <p>#TBT</p> <p>10am Fit & Talk Circuit Training</p> <p>11:30am Lunch BBQ Chicken, Green Peas, Salad, Mac & Cheese, Dinner Roll, Fruit</p> <p>12:30pm Karaoke</p> 	<p>12</p> <p>11:30 Summer Luau</p> <p>No Lunch</p> <p>No Table Tennis</p>  
<p>15</p> <p>11:30am Lunch Vegetarian Chili, Salad, Fruit, & Bread</p> <p>Table Tennis 8am-12pm</p> <p>1:30 Monday Dance Stardust Trio</p> 	<p>16</p> <p>10am HICAP</p> <p>11:30am Lunch Hawaiian Chicken Breast, Rice, Salad, Fruit</p> <p>12:30pm Movie Song Sung Blue</p> 	<p>17</p> <p>11:30am Lunch Turkey Milanese, Salad, Fruit</p>	<p>18</p> <p>#TBT</p> <p>10am Fit & Talk Chair Zumba</p> <p>11:30am Lunch Salmon with Dill Sauce, Green Beans, Black Beans, Salad, Fruit, Bread</p> <p>11:30am Taste the Town 1970 at the Ovalo</p>	<p>19</p> <p>10am Red, White & Blue Bingo</p> <p>No Lunch</p> <p>4pm Tech Talk Password Management</p> <p>No Table Tennis</p>  
<p>22</p> <p>11:30am Lunch Mediterranean Chicken, Cucumber Salad, Fruit</p> <p>12:30pm Seminar Guide to Caption Call Services</p>	<p>23</p> <p>11:30am Lunch Spaghetti w/ Meat Sauce, Salad, Fruit</p> <p>12:30pm Seminar USC Arcadia Your Heart Matters</p> <p>2pm Movie The Butler</p> 	<p>24</p> <p>11:30am Lunch Beef Fajita, Beans, Salad, Tortilla, Fruit</p> <p>6pm Health Education Series Fatty Liver</p>	<p>25</p> <p>10am Fit & Talk Strength Training</p> <p>11:30am Lunch National Bomb Pop Day Roast Turkey Breast, Sweet Potato, Brussel Sprouts, Bread, Fruit Cup</p> <p>12:30pm Karaoke</p> 	<p>26</p> <p>10am NLSLA</p> <p>10am Traveler's Meeting</p> <p>11:30am Lunch Tuna Salad Sandwich, Herbed Potatoes, Peas, Coleslaw, Fruit, Roll</p> <p>4pm Tech Talk How to Video Chat</p> <p>No Table Tennis</p>
<p>29</p> <p>11:30am Lunch Korean BBQ, Rice, Salad, Fruit Cup</p> <p>Table Tennis 8am-12pm</p> <p>1:30 Monday Dance Eric Ekstrand</p>  	<p>30</p> <p>11:30am Lunch Social Media Day Fish Vera Cruz, Beans, Corn, Coleslaw, Bread, Fruit</p> <p>12:30pm Movie The American President + Veterans Showcase</p> 	<p>AMERICA'S 250TH ARCADIA SATURDAY, JULY 4</p>  <p>6/1 - Liberty Landscape & Home Decoration Contest 6/5 - All American Table Tennis Tournament 6/14 - Flag Day 6/16 - Children's Stars, Stripes & Styles 6/19 - Red, White & Blue Bingo 6/29 - Stars, Stripes & Sidewalk Chalk Decorations</p>		