



50+ Services

June 2026

Connection



(626) 574-5130 | ArcadiaCA.gov/50
Arcadia Community Center | 365 Campus Drive Arcadia, CA 91007
All activities and services are for adults 50 and over.

Monday Dance

1st, 3rd, and 5th Monday of the Month
1:30 - 3:30pm | Ballroom | \$3
Bring your partner and friends!
Exact change appreciated.
Includes refreshments and snack.

June 1 - Tony DiGiovanni

June 15 - Stardust Trio

June 29 - Eric Ekstrand



Blood Pressure Screening

Tuesday, June 9
10-11am | Dance Room | Free
Stop by to get your blood pressure checked.
Meets the second Tuesday of the month.



Senior Cinema

Tuesdays | 12:30pm | Free
* 6/23 at 2pm

- | | |
|-----------------------------------|--------------|
| 6/2 Unbroken PG-13 | 2h 17m |
| 6/9 Lincoln PG-13 | 2h 30m |
| 6/16 Song Sung Blue PG-13 | 2h 12m |
| 6/23 The Butler PG-13 | 2h 12m |
| 6/30 The American President PG-13 | 1h 54m + 10m |
| + Veterans Showcase | |



Fit & Talk

Thursdays | 10am | Free
Museum Education Center
Try a new, fun, and engaging workout each week!

June 4 - Walk to Santa Anita Mall | Moderate

June 11 - Circuit Training | Moderate

June 18 - Chair Zumba | Easy

June 25 - Strength Training | Hard





Seminars

Ballroom | Free

6/8 12:30pm | Living Lively with Grief

6/22 12:30pm | A Guide to Caption Call Services

6/23 12:30pm | USC Arcadia - Your Heart Matters

6/24 6pm | USC Arcadia - Fatty Liver



The Gift Shop

Monday—Friday | 10am - 1pm

Calling all crafters and shoppers! Shop unique handmade items or sell your own creations at the Gift Shop. Interested vendors, please contact the Community Center.



You've Got A Friend

This free program provides a friendly phone call to those in need. If you or anyone you know may be interested in receiving a call from an Arcadia staff or volunteer, please call the Community Center.



Neighborhood Legal Services of Los Angeles County

Neighborhood Legal Services Of Los Angeles Organization

Friday, June 26 | 10am | Free

Need assistance or have legal questions?

Call the Community Center to make an appointment with a representative for a 30-minute consultation.



HICAP

Health Insurance Counseling & Advocacy Program

Tuesday, June 16 | 10am | Free

The Center for Health Care Rights is a non-profit organization that provides Los Angeles County residents with free information & assistance with Medicare.

Appointment required. Call (213) 383-4519.

Free Walk-in Programs

American Mahjong Lessons

Tue | 12:30 - 3pm | Ballroom

Billiard Room

Mon - Fri | 7:30am - 5pm

Board Games & Card Games

Mon - Fri | 7:30am - 5pm | Lobby

* Ask Front Desk for supplies

Bridge

Wed | 9:30am - 12:30pm | Ballroom

Fri | 1 - 4pm | Museum Education Center

Karaoke

Thu | 12:30 - 3:30pm | Ballroom

June 11 & 25

Pinochle & Puzzles

Mon | 9am - 2pm | Craft Room

Sing Along with James

Wed | 1 - 3pm | Lobby

Traditional Mahjong

Fri | 12:30-4pm | Dance Room

Table Tennis

Mon - Fri | 8am - 3:30pm | Patio

Table Tennis 8am - 12pm: 6/1, 6/15 & 6/29

* No Table Tennis: 6/5, 6/12, 6/19 & 6/26

Tai Chi

Tues | 8 - 10am | Ballroom D

Tech Talk

Fri | 4-5pm | Ballroom

June 19 & 26



50+ Lunch Program

MONDAY - FRIDAY

11:30am-12:15pm

COST

* \$4 age 50-54

* \$3 age 55+

- Lunch is sold on a first-come, first-served basis beginning at 7:30am.
- Limited lunch meals.
- Hot well balanced meal.
- Meals are to be consumed in the facility.

Lunch Program Tickets Available Online.

Seniors age 55+ can now purchase Senior Meal Lunch tickets online. A completed CDBG form is required before enrolling. Online purchases are available daily from 7:30-10am and are limited.



In compliance with Executive Order 14218, all applicants must complete a declaration of their U.S. citizenship or eligible immigration status

Thursday, June 25.

National Bomb Pop Day

Cool off with a delicious Bomb Pop during Lunch Program



Tuesday, June 30

National Social Media Day

Enjoy a fun social media trivia during Lunch Program



Music Mondays - Enjoy your favorite songs.



Trivia Tuesdays - Test your knowledge with trivia.



Recipe Wednesdays - Bring your favorite recipes to share.



Throwback Thursdays - Discover the movies, music, and trends from your favorite eras.



Feel Good Fridays - Share something that made you happy this week.

** Must purchase a lunch ticket to participate.



ALL- AMERICAN TABLE TENNIS TOURNAMENT

Friday, June 5

11:30am | \$15

50+yrs

Arcadia Community Center

Grab your paddle and show off your skills! Food and drinks will be provided for participants.

Free Workshop

Living Lively *with Grief*

Monday, June 8

12:30-1:30pm | 50+ yrs

Arcadia Community Center

Explore healing through art therapy. Learn tools to process grief and loss by using hands-on activities and group discussion in a supportive, safe space.



CREATIVE HEARTS
COLLABORATIVE

Summer LUAU

Friday, June 12
11:30am | \$16 | 50+yrs
Arcadia Community Center

Lei back for an afternoon of fun.
Enjoy a Hawaiian lunch, Polynesian
entertainment, and activities.

Taste the Town

19 seventy *at the Ovals*

Includes
a tour of
Hilton Hotel

THURSDAY, JUNE 18

123 W Huntington Drive
12pm | \$28

CLASSIC ITALIAN-AMERICAN DISHES WITH MODERN SICILIAN INFLUENCES

ALL YOU CAN EAT & DRINK INCLUDES:

- Fettuccine Alfredo
- Lasagna
- Pepperoni Pizza
- Chicken Marsala
- Caesar Salad
- Divine Trinity Pizza

Meet at the
Arcadia Community Center
at 11:30am or at the
restaurant at 12pm



Your Heart Matters: Recognizing Symptoms and Getting Timely Care



Join us for an educational talk on heart health with USC Arcadia Hospital cardiologist Tishangi Agrawal, MD. Dr. Agrawal will provide an overview of heart diseases, including common signs and

symptoms, risk factors, diagnostic considerations, and when individuals should seek medical care/help.

USC Arcadia Hospital and City of Arcadia Recreation and Community Services will cosponsor this lecture.

**Tuesday
June 23
12:30 to 1:30 p.m.**

TWO WAYS TO JOIN

In Person:
No RSVP needed
Arcadia Community Center
365 Campus Dr. Arcadia, CA 91007

Have a question?
Please contact 626-574-5130.

Facebook Live:
Watch live or review previous lectures on the USC Arcadia Hospital Facebook page:
www.facebook.com/USCArcadiaHospital

For future lectures, go to our website at www.keckmedicine.org/events

Free Physician Referral
888-388-2838

USC Arcadia Hospital

Keck Medicine of USC

Formerly Methodist Hospital of Southern California



CONCERTS & MOVIES in the park

FREE

Thursdays
June 25 – July 30
Concert at 6:30pm
Movie at dusk

Food available for purchase



June 25

Cold Duck, 70s/Top 40s
Charlotte's Web, G
Environmental Fair

July 2

Cobra Cowboy, Country
Miracle, PG
Patriotic Pet Contest at 5:30pm

July 9

New Romantics, Taylor Swift
The Lorax, PG

July 16

Black Crystal Wolf Kids, 2000s
Shrek, PG

July 23

Groovis Maximus, Motown
Lilo & Stitch, PG

July 30

Random 1s, Classic Rock
Cars, PG

Tuesday, August 4

National Night Out & Arcadia 123rd Bithday
The Answer, Classic Rock



Arcadia City Hall Lawn
240 W. Huntington Drive

Parking available at City Hall & Santa Anita Race Track, Gate 5

AMERICA'S
250TH



ARCADIA

SATURDAY, JULY 4

Drone Show • Food • Games
Contests • Concert by The Answer

FREE ENTRY & PARKING

Scan for free tickets

GATES OPEN AT 6PM

VIP BOX SEATS

Available for purchase

DRONE SHOW AT 9PM



Santa Anita Park
285 W. Huntington Drive
Parking at Gates 3, 5, & 8



CITY OF
ARCADIA

ArcadiaCA.gov/Recreation | (626) 574-5113

Special thanks to our partners & sponsors

USC Arcadia Hospital
Keck Medicine of **USC**



America's 250th in Arcadia



June & July 2026

**JUNE
1**

Liberty Landscape & Home Decoration Contest

Decorate your home for the whole month of June.

**JUNE
29**

Stars, Stripes, & Sidewalk Chalk Decorations

Decorate your driveway, post a photo, and tag us!

**JUNE
5**

All American Table Tennis Tournament

11:30am | 50+ yrs
Arcadia Community Center

**JULY
1**

Liberty Loot Crawl

Dress patriotic and visit any City facility anytime from 2-4pm for a treat.

**JUNE
14**

Flag Day

Fly your American flag, post a photo, and tag us for a chance to be featured in The Buzz!

**JULY
1**

Children's Firework Salt Painting & Trivia

2:30pm | All Ages
Arcadia Public Library

**JUNE
16**

Children's Stars, Stripes, & Styles

2:30pm | 5+ yrs
Arcadia Public Library

**JULY
2**

Patriotic Picnic

11:30am | 50+ yrs
Arcadia Community Center

**JUNE
19**

Red, White, & Blue Bingo

10am | 50+ yrs
Arcadia Community Center

**JULY
2**

Patriotic Pet Contest at Concert in the Park

5:30pm | All pets
Arcadia City Hall Lawn

**JUNE
27**

Book Discussion: 1776 by David McCullough

10am | 18+ yrs
Arcadia Public Library

**JULY
2**

Concert & Movie in the Park

6:30pm | All Ages
Arcadia City Hall Lawn

**JULY
4**

America's 250th Celebration

6pm | Santa Anita Park
Free general admission
Music, food, games, contests, and drone show!



ArcadiaCA.gov/Recreation | (626) 574-5113

INFORMATION & REFERRAL (I&R) PROGRAM

Do you need help filling out a form or finding an important resource? We can help you figure these things out. For referral assistance, please call 626.574.5130

JUNE HIGHLIGHT

Donate or Borrow Medical Equipment, For Free!

- Receive free medical equipment such as walkers, canes, wheelchairs, toileting aids and more!
- Available to those who reside in the San Gabriel and San Fernando Valley.
- Visit their website or call (626) 793-1696 for more information.



SCAN QR CODE FOR MORE INFORMATION



Red, White, & Blue
Bingo

Friday, June 19
10am | \$15 | 50+yrs
Arcadia Community Center

Play eight games of Bingo,
win prizes, and enjoy a
light lunch.



A GUIDE TO CAPTION CALL SERVICES

Free Seminar

Never Miss
a Word

Monday, June 22
12:30pm | 50+ yrs
Arcadia Community Center

No cost program!



Discover how CaptionCall services can help you stay connected
with family, friends, and healthcare providers.
Learn how the technology works and find out how to get started.



GOLDEN SENIOR CLUB

ADDRESS: 100 S SANTA ANITA AVE



MEETING TIMES: 11AM-3PM

6/4 - Regular meeting.

6/11 - Regular meeting &
Board meeting.

6/18 - Father's Day &
Birthday Celebration.

6/25 - Regular meeting.

Come join us for some fun as we play Bingo!

President

Angie Slemaker

Vice President

Diane Stuve

Assistant Treasurer

Rachel Salazar

Treasurer & Senior Citizens

Commissioner

Doris Arbour



HEALTH EDUCATION SERIES

Fourth Wednesday of every month at 6pm

Free and open to all | Pre-registration recommended

Wednesday, June 24

Fatty Liver

Wednesday, July 22

Hernia

Wednesday, August 26

Back & Leg Pain



Location

Arcadia Community Center
365 Campus Drive



For more information visit ArcadiaCA.gov/HealthSeries

Arcadia Travelers- Proud Member of Chamber of Commerce

arcadiatravelers.org



General Meeting - Friday, June 26, 2026
Coffee 9:30am / Meeting 10am

Guest Speaker:

**Scott Stevens - Arcadia Police
Department. Scams & Fraud**

Annual Membership \$10
Credit cards not accepted
Make checks payable to:
Arcadia Travelers Club, Inc.

President: Joyce Platt

Senior Citizens Rep:
Marilyn Mazone

Office Hours

M-F 9am - 12:30pm

Phone: 626.821.4377

1 = Easy: Little walking, good for all
2 = Moderate: Light walking, must be able to walk long distance
3 = Active: Lots of walking, may include multiple staircases
LI = Lunch Included
LOYO = Lunch On Your Own

**Gift Cards now on sale in the
Travel Office.**

Day Trips

June 2026

APRONS, ANTIQUES & AMERICANA - (LI) Tucker Tours - Saturday, June 20, 2026, LV 8:30 am. RET 6:00 pm. \$188.00 **SOLD OUT. (WAITLISTED)**

July 2026

CALIFORNIA SURF - (LI) HITS FROM THE BEACH BOYS - Wednesday, July 15, 2026, LV 11:00 am. RET 4:30pm. \$120.00 **SOLD OUT. (WAITLISTED)**

THE PHANTOM OF THE OPERA at the Pantages Theatre (LO) - Saturday, July 25, 2026, LV 12:45 pm. RET 6:15 pm. Tucker Tours \$190.00. We will have orchestra seating. Difficulty 1. **SOLD OUT. (WAITLISTED)**

August 2026

ESCAPE TO SAN DIEGO (LI) - Thursday, August 13th – Friday, August 14th, LV 11:30 am. RET 6:30 pm. on 8/14. Tucker Tours. Single-\$714.00 and Double-\$616.00. Pack your bag and let's celebrate the summer tradition on Thursday night, Sunset Luau, with authentic island music and dance provided by the Pride of Polynesia. (Complete details of trip are on trip flyer.) Total cost of trip must be paid upon registering. Difficulty 2 – moderate. **ON SALE NOW.**

CHOPSTICKS AND JAPANESE GARDENS (LI) - Tuesday, August 25, 2026, LV 9:00 am. RET. 4:00 p.m. Tucker Tours \$190.00. Enjoy a peaceful and cultural day with Curt Tucker exploring two of Southern California's most beautiful gardens. We'll also enjoy lunch at Benihana's in Encino. The day will be a blending of art, flavor and tranquil beauty into one memorable Japanese-inspired journey. Difficulty 2 – moderate. **ON SALE NOW.**

September 2026

TROLLS, TOMBS, AND MYSTERIES (LI) - Thursday, September 3, 2026, LV 8:30 am. RET. 6:00 pm. Main Street Tours \$193.00. We'll travel to South Coast Botanical Garden, where you'll explore Thomas Dambo's TROLLS: A Field Study – an outdoor exhibit featuring hand-built troll sculptures. (Travelers with mobility issues will be able to see 3-4 trolls with limited walking.) Lunch will be a Mexican Buffet at the Red Onion. Then it's off to the CA Science Center to experience Mummies of the World, which is one of the largest collections of real mummies and ancient artifacts. Difficulty 2-moderate.

ON SALE JUNE 3, 2026.

RILEY'S AT LOS RIOS RANCHO (LI) - Wednesday, September 23, 2026, LV 10:15 am. RET 6:00 pm. Tucker Tours \$180.00. We'll be off to Apple Country/Oak Glen today, to enjoy the mountain air while we browse the unique gifts at Wilshire's Apple Shed and be treated to a delicious country meal (including a slice of apple pie), complete with entertainment. As a bonus, Tucker Tours has added a vintage tractor hayride. This is always a popular trip, so plan to join us. Difficulty 2-moderate. **ON SALE JUNE 8, 2026.**

Extended Trips 2026-2027

For questions, contact Karen Sexton at (626) 641-5568, compukare@aol.com

SHADES OF IRELAND August 21-30, 2026. 10 Days, 13 Meals. D\$5,499, S\$6,399, T\$5,499.
<https://gateway.gocollette.com/link/134523>

ALPINE LAKES & SCENIC TRAINS Sept. 5-14, 2026. 10 Days, 14 Meals. D\$6,699, S\$7,699.
<https://gateway.gocollette.com/link/1281753>.

LANDSCAPES & LIGHTHOUSES OF MAINE Sept. 19-25, 2026. 7 Days, 9 Meals. D\$3,949, S\$5,099.
Premier Tour.

NEW ENGLAND RAILS AND TRAILS Sept.30-Oct. 8, 2026. 9 Days, 11 Meals. D\$4,625, S\$6,075.
Premier Tour.

ALBUQUERQUE BALLOON FIESTA & SANTA FE Oct. 6-11, 2026. D\$3,749, S\$4,699. Premier Tour.

DISCOVER UTAH'S MIGHTY FIVE AND THE ROCKIES Oct. 5-13, 2026. D\$5,799, S\$6,999, T\$5,699.
<https://gateway.gocollette.com/link/1320268>

ATHENS & GREEK ISLANDS Oct. 6-14, 2026. D\$4,899, S\$6,099. Premier Tour.

NEW YORK CITY HOLIDAY Dec. 3-7, 2026. D\$2,999, S\$3,899, T\$2,949.
<https://gateway.gocollette.com/link/1369971>

VIENNA & CHRISTMAS MARKETS OF THE DANUBE Dec. 10-19, 2026. Pricing variable on Amadeus Imperial. Premier Tour.

COLORS OF MOROCCO January 14-28, 2027. 15 Days, 27 Meals. D\$5,599, S\$6,599, T\$5,499.
<https://gateway.gocollette.com/link/1409975>

GREAT TRAINS & GRAND CANYONS Feb. 21-27, 2027. D\$3,525, S\$4,475. Premier Tour.

NEW ORLEANS & CAJUN COUNTRY March 14-21, 2027, 7 Days, 10 Meals. D\$3,775, S\$4,700.
Premier Tour.

JAPAN & SOUTH KOREA April 17-May2, 2027. 16 Days, 23 Meals. D\$10,749, S\$11,749.
<https://gateway.gocollette.com/link/1369919>

Future 2027 trips - Hawaii, Mackinac, Paris, Pacific Coast, Alaska, Quebec, France

Visit the Arcadia Travelers Club Office (M-F 9am to 12:30 pm) for detailed trip brochures or
online at Arcadiatravelers.org website.

Arcadia Community Center
Senior Services
365 Campus Drive
Arcadia, CA 91007

A vertical poster for a patriotic picnic. The top features a stylized American flag with stars and stripes. Below the flag, the word "PATRIOTIC" is written in large, bold, blue, sans-serif capital letters. To its right, the word "Picnic" is written in a red, cursive script font. Below the title, the text "Thursday, July 2" and "11:30am | \$15" is displayed in white on a red background. The name "Arcadia Community Center" is written in white on a red background below that. At the bottom, there is an illustration of a red picnic basket with a blue handle and a blue lid, containing a blue plate with red tomatoes. To the right of the basket, the text "Celebrate the 250th anniversary of the USA. Enjoy a picnic style lunch, treats, and fun activities." is written in white on a red background.

PATRIOTIC
Picnic

Thursday, July 2
11:30am | \$15

Arcadia Community Center

Celebrate the 250th anniversary of the USA. Enjoy a picnic style lunch, treats, and fun activities.

很想知道这里讲的是什么吗？我们也希望你们了解这些信息。阿凯迪亚市向公众免费提供文件翻译服务。请致电 (626) 574-5455，向市书记官办公室了解详情。