

50+ Services **December 2026**

Connection

(626) 574-5130 | ArcadiaCA.gov/50
Arcadia Community Center | 365 Campus Drive Arcadia, CA 91007
All activities and services are for adults 50 and over.

CITY OF ARCADIA

Monday Dance

1st, 3rd, and 5th Monday of the Month
1:30 - 3:30pm | Ballroom | $3
Bring your partner and friends!
Exact change appreciated.
Includes refreshments and snack.

December 7 - Nightlife
December 21 - Daniel So



Blood Pressure Screening

***Provided by* USC Arcadia**

Tuesday, December 8
10-11am | Dance Room | Free
Stop by to get your blood pressure checked.
Meets every second Tuesday of the month.



Senior Cinema

Tuesdays | 12:30pm | Free

12/1 - The Family Man | PG-13	2h 5m
12/8 - Home Alone 2 | PG	2h
12/15 - A Christmas Carol | PG	1h 36m
12/22 - Noelle | G	1h 40m
12/29 - The Holiday | PG-13	2h 11m



Fit & Talk

Thursdays | 10am | Free
Museum Education Center
Try a new, fun, and engaging workout each week!

December 3 - Walk to Arcadia Park | Easy
December 10 - Seated Exercise | Moderate
December 17 - Chair Yoga| Easy
December 24 - Closed
December 31 - Closed





Seminars

Ballroom | Free

12/14 12:30pm : Fall Prevention



The Gift Shop

Monday—Thursday | 10am - 1pm

Calling all crafters and shoppers! Shop unique handmade items or sell your own creations at the Gift Shop. Interested vendors, please contact the Community Center.





A Call Just for You

This free program provides a friendly phone call or a simple weekly check in to those in need. If you or anyone you know may be interested in receiving a call from an Arcadia staff or volunteer, please call the Community Center.

NLSLA

Neighborhood Legal Services of Los Angeles County

Neighborhood Legal Services Of Los Angeles Organization

Friday, December 18 | 10am | Free

Need assistance or have legal questions?

Call the Community Center to make an appointment with a representative for a 30-minute consultation.

HICAP

Medicare Health Insurance Counseling & Advocacy Program

HICAP

Health Insurance Counseling & Advocacy Program

Tuesday, December 15 | 10am | Free

The Center for Health Care Rights is a non-profit organization that provides Los Angeles County residents with free information & assistance with Medicare.

Appointment required. Call (213) 383-4519.

Free Walk-in Programs





Pinochle & Puzzles
Mon | 9am - 2pm
Craft Room

Board & Card Games
Mon - Fri | 7:30am - 5pm | Lobby



Billiard Room
Mon - Fri | 7:30am - 5pm

Tai Chi
Tues | 8:30 - 10am | Ballroom D



American Mahjong
Tue | 12:30 - 3pm | Ballroom

Bridge
Wed-Ballroom | Fri - MEC | 1-4pm



Sing Along with James
Wed | 1 - 3pm | Lobby

Karaoke
Thu | 12:30 - 3pm | Ballroom
December 10
No Karaoke: 12/24

Traditional Mahjong
Fri | 12:30-4pm | Dance Room
No Mahjong: 12/25

Tech Talk
Friday, December 18
4-5pm | Ballroom



Table Tennis
Mon - Fri | 8am - 3:30pm
Table Tennis 8am - 12pm:
12/7, 12/21

No Table Tennis: 12/11, 12/18, 12/24, 12/25, 12/31

Lunch Program

Serving meals from Cafe Fusion!

Monday - Friday
11:30am - 12:15pm

50-54 yrs: $4
55+ yrs: $3

Tickets are avaiable both online & in-person, on a first come basis

Resident Registration
7:30–8:30am

Non-Resident Registration
8:30am

Limit 2 tickets per person
Meals are to be consumed in the facility



Scan to buy tickets online
(55+ only)

Special Programs

Included with your lunch ticket

Mon 12/14

National Cocoa Day

Enjoy a warm cup of hot cocoa on us



Wed 12/23

National Eggnog Day

Kickstart the holiday season with some eggnog



Monday Trivia
Test your knowledge

Crafternoon Tuesdays
Get crafty every third Tuesday

Wednesday Connections
Community Center updates

Throwback Thursdays
On this day in history

Fun Fact Fridays
Share & learn fun facts



Tree Lighting

THURSDAY, DECEMBER 3

6PM | ARCADIA TRANSIT PLAZA

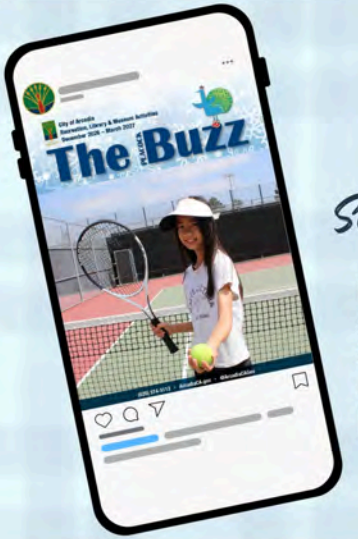
Kick off the holiday season with the City of Arcadia.
Enjoy treats, crafts, photos with Santa, and more!
Free & open to all.



Winter Registration

ONLINE FOR RESIDENTS
Monday, December 7

WALK-IN FOR EVERYONE
Monday, December 14



Scan to View!

NEW YEAR, NEW YOU! START 2027 OFF WITH A NEW CLASS OR PROGRAM!

HOLIDAY BRUNCH



Friday, December 18
10:30am | $16
Arcadia Community Center

Celebrate the holidays with festive food, seasonal cheer, and Santa Claus.



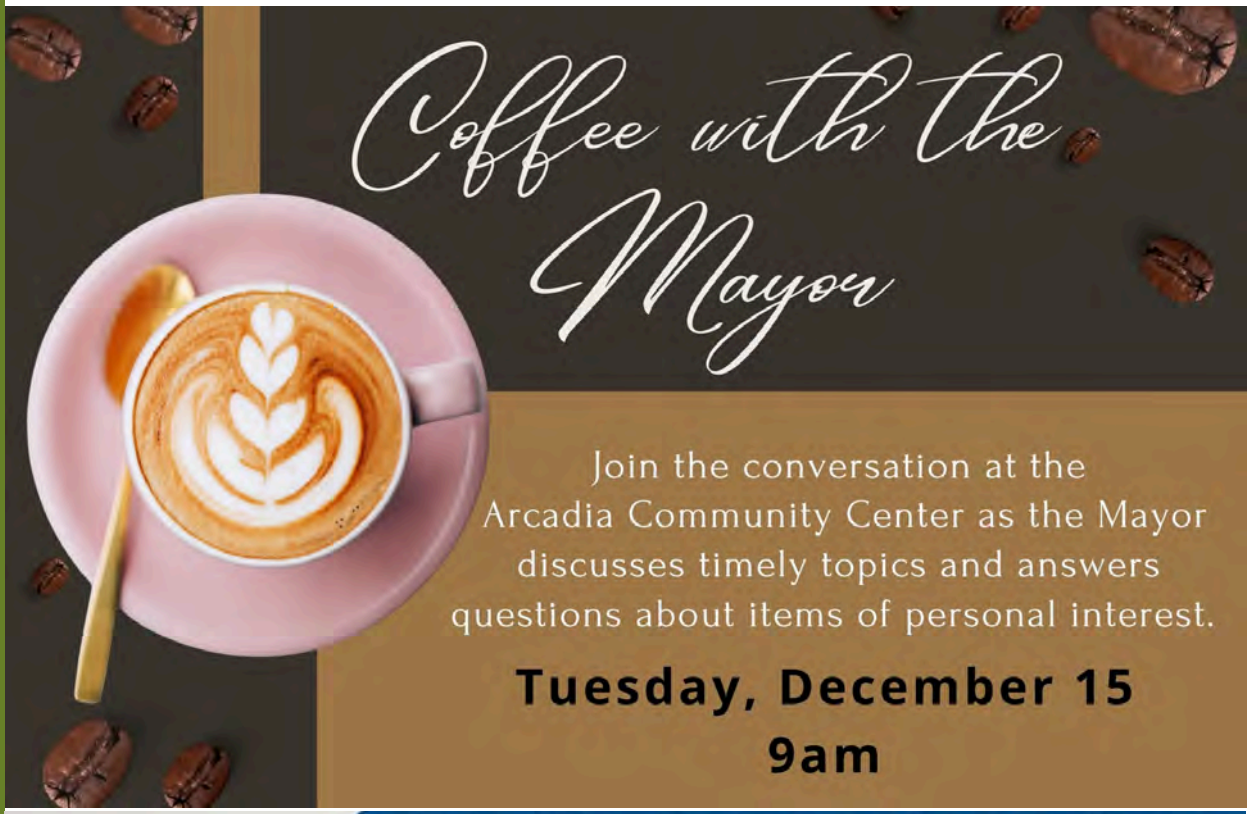
Free seminar

FALL PREVENTION

Monday, December 14
12:30pm | 50+ yrs
Arcadia Community Center

- Learn about fall risks & prevention
- Discover ways to improve balance & strength
- Prepare for what to do if a fall occurs
- Explore valuable senior resources

Stay safe and independent with the help of Huntington Health's Trauma Program, Physical Therapy Team, and the Senior Care Network.


Coffee with the Mayor
Join the conversation at the Arcadia Community Center as the Mayor discusses timely topics and answers questions about items of personal interest.
Tuesday, December 15
9am


Do You Have Questions About Medicare?
HICAP
HEALTH INSURANCE COUNSELING & ADVOCACY PROGRAM
The Center for Health Care Rights offers free Medicare information and assistance to Los Angeles County residents.
Make an appointment
3rd Tuesday of the month
10am - 1pm
Arcadia Community Center
(213) 383-4519

TASTE THE TOWN

Enjoy a new Arcadia restaurant every month



All India Cafe

Thursday, December 17 | 12pm

48 E Huntington Drive, Arcadia, CA 91006

Meet at restaurant | No shuttle available

Family style meal includes your choice of naan bread or basmati rice and a drink, plus all items below



Pani Puri Shots



Saag Paneer
(Cheese & Spinach Curry)



Chicken
Tikka Masala



Gaarjar Halwa
(Carrot Pudding)

$30

ArcadiaCA.gov/RecReg | (626) 574-5130

CITY OF ARCADIA

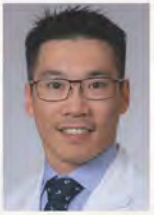
DECEMBER Connection

Monday	Tuesday	Wedn
	1 **11:30am Lunch** Pork Chilli Verde rice, beans, chips, salsa, milk & fruit **12:30pm Movie** The Family Man	**11:30am** Lemongrass pork egg, vegetables, ri
7 **11:30am Lunch** Stir fried seafood noodles, salt & pepper pork chop, vegetables, juice & dessert **Table Tennis | 8am-12pm** **1:30pm Monday Dance** Nightlife	8 **10am Blood Pressure** **11:30am Lunch | Birthday Celebration** Chicken & beef taco, rice, beans, salsa, milk & fruit **12:30pm Movie** Home Alone 2	**11:30am** Teriyaki chicken rice, soup
14 **11:30am Lunch | National Cocoa Day** Sukiyaki beef bowl, vegetables, rice juice & dessert **12:30pm Seminar** Fall Prevention	**9am Coffee with the Mayor** **10am HICAP** 15 **11:30am Lunch** Chicken fajita, rice, beans, chips, salsa, milk & fruit **12:30pm Movie** A Christmas Carol	**11:30am** Dim sum platter, ra broccoli w/ oyste cake, soup &
21 **11:30am Lunch** Steamed meat patty, mapo tofu, vegetables, rice, juice & dessert **Table Tennis | 8am-12pm** **1:30pm Monday Dance** Daniel So	22 **11:30am Lunch** Taiwanese beef noodle soup, milk & fruit **12:30pm Movie** Noelle	**11:30am Lunch | Na** Japanese curry tempura, veg soup &
28 **11:30am Lunch** Stir fried rice vermicelli w/ pork, chicken wings, vegetables, juice & dessert	29 **11:30am Lunch** Pork Birra, rice, beans, chips, salsa, milk & fruit **12:30pm Movie** The Holiday	**11:30am** Tomato be pan seared fish rice, soup

esday	Thursday	Friday
2 **n Lunch** chop, Chinese tea ce, soup & dessert	#TBT **3** **10am Fit & Talk** | Walk to Arcadia Park **11:30am Lunch** Korean vegetable pan cake, bulgogi bowl, rice, milk & fruit	**4** **11:30am Lunch** Atlantic salmon, braised tofu vegetables, rice, juice & dessert
9 **n Lunch** owl, vegetables, & dessert	#TBT **10** **10am Fit & Talk** | Seated Exercise **11:30am Lunch** Linguine pasta with shrimp & tomato, salad, milk & fruit **12:30pm Karaoke**	**10am Traveler's Meeting** **11** **11:30am Lunch** Fish fillet w/ black bean sauce steamed egg w/ imitation crabmeat vegetebales, rice, juice & dessert **No Table Tennis**
16 **n Lunch** dish cake, Chinese er sauce, sponge gyoza dessert	#TBT **17** **10am Fit & Talk |** Chair Yoga **11:30am Lunch** Popcorn chicken, pineapple seafood fried rice, vegetables, milk & fruit **11:30am Taste the Town**	**18** **10am NLSLA** **10:30am Holiday Brunch** **4pm Tech Talk** **No Table Tennis** **No Lunch**
23 **tional Eggnog Day** chicken, shrimp getables, rice dessert	**24** HAPPY HOLIDAYS **Closed**	**25** Happy Holidays **Closed**
30 **n Lunch** eef w/ egg fillet, vegetables & dessert	**31** New Year's Eve **Closed**	**1** hello January 2027



Healthy Foot, Happy Life: What Your Foot Can Tell You About Your Health



Your foot can reveal more about your health than you may realize. Join Chia-Ding Shih, DPM from USC Arcadia Hospital to learn about common foot concerns, when symptoms may signal a more serious condition, and practical ways to maintain mobility, circulation, and independence for years to come.

Tuesday
January 26
12:30 to 1:30 p.m.

Address:
Arcadia Community Center
365 Campus Dr.
Arcadia, CA 91007

Have a question?
Please contact 626-574-5130.

Unable to attend in person?
We're on Facebook
Watch live at:
www.facebook.com/USCArcadiaHospital

Learn about future lectures on our website:
www.keckmedicine.org/events

Free Physician Referral
888-388-2838

USC Arcadia Hospital
Keck Medicine of USC
Formerly Methodist Hospital of Southern California

CITY OF ARCADIA

DAUBERS

Arcadia Community Center



INFORMATION & REFERRAL (I&R) PROGRAM

Do you need help filling out a form or finding an important resource? We can help you figure these things out. For referral assistance, please call 626.574.5130.



December HIGHLIGHT

Water Service Discount

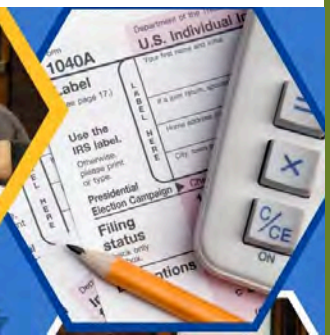
- Water service discounts available for low income, senior low income, senior and veterans.
- Applicant must be primary account holder AND live on the property.
- The applicant must be a resident of a single family dwelling unit within the City of Arcadia.
- Applicant name MUST match account holder and appear on the Municipal Utility Bill.
- Discounts CANNOT be combined
- For more inofrmation, call (626) 254- 2700

CITY OF ARCADIA

SCAN QR CODE FOR MORE INFORMATION

FREE







INCOME TAX ASSISTANCE

Receive free AARP tax preparation services!
Must be 50+ years and low-income to qualify.

Thursdays & Fridays, February 4 - April 15
Arcadia Community Center

You must have received all of your tax paperwork prior to making an appointment.
All returns are filed electronically.

Appointments for February - April
Open January 8

In compliance with Executive Order 14218, all applicants must complete a declaration of U.S. citizenship or eligible immigration status and provide valid documentation day of appointment. Acceptable documents include a Birth Certificate, U.S. Passport, Passport Card, or Certificate of Naturalization. Real ID is not accepted.

Golden Senior Club

Address: 100 S Santa Anita Ave

Meeting times: 11am-3pm

12/3- Regular meeting
12/10- Regular meeting
12/17- Holiday luncheon & birthday celebration
12/24- Closed. Happy Holidays!

Return January 7
Happy Birthday, Charlene Getz

President & Assistant Treasurer
Angie Slemaker

Vice President
Diane Stuve

Treasurer & Senior Citizens Commissioner
Doris Arbour



HOLLYWOOD PANTAGES THEATER

Disney presents

THE LION KING

THE WORLD'S #1 MUSICAL

Friday, February 5 | 4–11:30pm | $106

DTLA Delights Excursion

EXCURSION INCLUDES

- Orchestra Center tickets to Disney's The Lion King show at the Hollywood Pantages Theater
- Transportation to & from the Arcadia Community Center
- Boxed dinner provided at check in

Arcadia Travelers - *Proud Member of the Chamber of Commerce*

arcadiatravelers.org

General Meeting
Friday, December 11, 2026

Coffee: 9:30am | Meeting: 10am

Guest Speaker:
Brighter Side Singers - Temple City

President:
Joyce Platt

Senior Citizens Rep:
Marilyn Mazone

1 = Easy: Little walking, good for all
2 = Moderate: Light walking, must be able to walk long distance
3 = Active: Lots of walking, may include multiple staircases
LI = Lunch Included
LOYO = Lunch On Your Own

Annual Membership $10
Credit cards not accepted

Make checks payable to:
Arcadia Travelers Club, Inc.

Office Hours

Mon-Fri 9am-12:30pm

(626) 821-4377

Gift Cards now on sale in the Travel Office.

Day Trips

December 2026

THE ALLEY CATS SWINGIN' CHRISTMAS (LI) Thursday, December 3, 2026, LV 11:00 am. RET 5:30 pm. $125.00. Limited to 40 reservations. It will be an enjoyable day with the Alley Cats at Almansor Court as we listen to 4-part harmony arrangements of all of our holiday favorites, plus the ever popular 50's and 60's hits. Choice of lunch entrée upon signup. Difficulty 1 easy. **SOLD OUT.**

SURF, SAND AND SANTA (DI) Friday, December 18, 2026, LV 1:30 pm. RET 9:30 pm. Tucker Tours $193.00.This is always a fun trip Traveling to Newport for an early dinner of (choice upon signup) pot roast, salmon, chicken or vegetarian. We will board our own private tiki boat (one beverage included) with both covered and uncovered seating areas and cruise the waters to see houses and landscapes that are transformed into a magical holiday experience.Difficulty 2 moderate. **SOLD OUT.**

CELEBRATE NEW YEAR'S (LI) Thursday, December 31, 2026, LV 11:30 am. RET 5:30 pm. $130.00 per person. Limited to 40 reservations. Join Arcadia Travelers to celebrate New Year's at The Grand in Long Beach, with a Show and Lunch. You'll start 2027 by listening to all your favorites, as this is sure to be an "afternoon music event to bring in the New Year".Difficulty 1 easy. Choice on signup of Salmon or Vegetable Lasagna.
ON SALE NOW.

January 2027

2027 MEMBERSHIP CARDS NEEDED FOR JANUARY,FEBRUARY & MARCH

SAN DIEGO'S BEST (LI) Thursday, January 7, 2027, LV 8:00 am. RET. 7:00 pm. $190.00 per person. Join Curt Tucker as we enjoy our adventure to America's Finest City! After an early lunch at the Chicken Pot Pie Shop (established in 1938), we'll explore the USS Midway, travel to Mount Soledad and then we'll wrap up our day in the charming beach town of Oceanside at the famous "Top Gun House". Difficulty 2 moderate walking. **ON SALE NOW.**

A WORLD OF FLAVOR (Tastings Included) Thursday, January 28, 2027, LV 9:00 am. RET. 5:00 pm. $170.00 per person. A taste of cultures and a day to remember with Curt Tucker, as we enjoy a delicious journey of food from around the world-without ever leaving Los Angeles.This is a unique experience, that's as fun as it is flavorful! Difficulty 2 moderate.
ON SALE NOW.

February 2027

WILLIAM S. HART AND PLACERITA NATURE CENTER (LI) Thursday, February 4, 2027, LV 9:00 am. RET. 5:00 pm. $180.00 per person. Majestic Adventures. Our first stop today will be the Nature Center in Placerita Canyon. Lunch will be enjoyed at the Saugus Café, the oldest restaurant in LA County. The newly restored William S. Hart Ranch and Museum in Valencia will be our interesting last adventure for the day. Difficulty 2 moderate. **ON SALE NOW.**

KNOTTS – COWBOYS, CULTURE & CHICKEN (LI) Wednesday, February 17, 2027, LV 9:00 am. RET 4:00p.m. $180.00 per person.Main Street Tours.You can't go to Knotts without enjoying the Chicken Dinner. So be prepared for that as your delicious lunch. It will be a memorable day with a tour of the historic Ghost Town and listening to fascinating tales and viewing demonstrations. Before departing for home, we will have some free time to explore the Marketplace. Difficulty 1-2 easy. **ON SALE NOW.**

March 2027

LUCAS MUSEUM OF NARRATIVE ART (LO) Thursday, March 4, 2027, LV 9:00 am. RET 3:30 pm. $145.00 per person. Join Curt Tucker and be among the first to experience the exciting new Lucas Museum. Founded by filmmaker George Lucas, this museum celebrates the universal art of storytelling and the images that have shaped generations. After our museum experience, we'll enjoy a delicious lunch on your own at San Antonio Winery.Difficulty 2-3 (wear walking shoes). **On Sale December 16, 2026.**

INTEREST LIST FORMING FOR SECOND MARCH TRIP TO VIEW THE SPACE SHUTTLE- Curt Tucker will be our Guide. Lunch Included. Possible date of March 30th. All details will be given to those who sign the list. No obligation until trip info is firm. Difficulty 2 – moderate.
Sign Interest List beginning December 16, 2026.

FALL TIME IN YOSEMITE WITH CURT TUCKER
MONDAY, OCTOBER 25-27, 2027
COST – DOUBLE $1,121.00
SINGLE $1,308.00
SALE DATE: JANUARY 13, 2027

COMPLETE DETAILS AND FLYER AT TRAVELERS OFFICE.

Extended Trips

For questions, contact Karen Sexton at (626) 641-5568, compukare@aol.com

NEW YORK CITY HOLIDAY Dec. 3-7, 2026. D$2,999, S$3,899, T$2,949. https://gateway.gocollette.com/link/1369971

VIENNA & XMAS MARKETS ON DANUBE Dec. 10-19, 2026. Prices vary see Amadeus Imperial. Premier Tour.

COLORS OF MOROCCO January 14-28, 2027. 15 Days, 27 Meals. D$5,599, S$6,599. https://gateway.gocollette.com/link/1409975

GREAT TRAINS & GRAND CANYON Feb. 21-27, 2027. D$3,525, S$4,475. Premier

NEW ORLEANS & CAJUN COUNTRY March 14-21, 2027. 7 Days, 10 Meals. D$3,775, S$4,700. Premier Tour

JAPAN & SOUTH KOREA April 17-May 2, 2027. 16 Days, 23 Meals. D$10,749, S$11,749. https://gateway.gocollette.com/link/1369919

GRAND HAWAIIAN ADVENTURE May 6-18, 2027. 13 Days, 17 Meals, 4 Islands. D$7,499, S$9,799. https://gateway.gocollette.com/link/1369857

MACKINAC ISLAND, GRAND HOTEL & NIAGARA FALLS May 7-14, 2027. D$4,299, S$5,349. Premier Tour

SPOTLIGHT ON PARIS June 23-29, 2027. 7 Days, 8 Meals. D$5,399, S$6,399. https://gateway.gocollette.com/link/1409990

PACIFIC COAST ADVENTURE July 11-18, 2027. 11 Meals. D$4,449, S$5,799. Premier Tour

ALASKA: CALL OF THE WILD Aug. 5-11, 2027. 10 Meals. D$5,999, S$7,849. Premier Tour

CHARMS OF QUEBEC Sept. 10-17, 2027. 10 Meals. D$4,999, S$6,199. https://gateway.gocollette.com/link1401588

Future 2027 trips - French Riviera, Prague & Budapest Xmas Markets, London & Paris Holiday

Visit the Arcadia Travelers Club Office (M-F 9am to 12:30pm) for detailed trip brochures or online at Arcadiatravelers.org website.

Arcadia Recreation Office
375 Campus Drive
Arcadia, CA 91007

CITY OF ARCADIA

Connection Newsletter Annual Subscription $12

Don't miss out! Get the Connection Newsletter by mail.



Make check payable to: City of Arcadia
Mail to: Arcadia Community Center | 365 Campus Dr, Arcadia, CA 91007

First & Last Name: _____

Address: _____ City: _____ Zip: _____

Phone: _____ E-mail address: _____

☐ Check the box if you would also like to receive the Connection by email

(A receipt will be emailed once payment is received)

12/26

很想知道这里讲的是什么吗？我们也希望你们了解这些信息。阿凯迪亚市向公众免费提供文件翻译服务。请致电 （626）574-5455，向市书记官办公室了解详情。